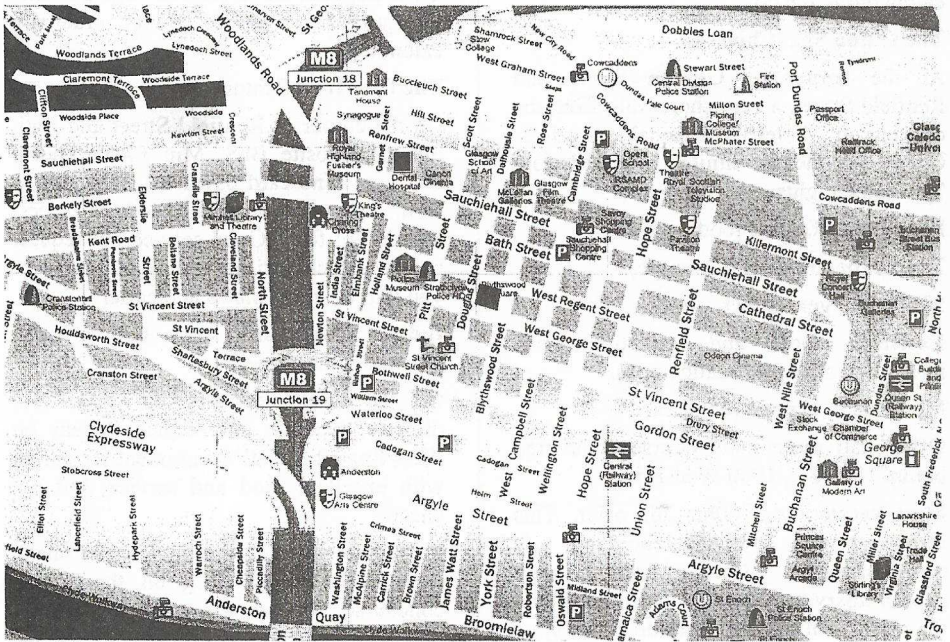




Outside Read-Me

(being a Useful and Decorative Guide to the
Facilities of Glasgow around the Convention)



How to Get to your Hotel

Starting from the ground floor of the Central Hotel...

To reach the Carrick Hotel, use the main exit (to the left of the reception desk) and turn left onto Hope Street. Go down the hill to the junction with Argyle Street. Cross diagonally at the traffic lights, and

walk away from the station along Argyle Street for about three blocks. The Carrick Hotel is on the left side of the street.

To reach the Lodge Inn, use the main exit (to the left of the reception desk) and turn half-right onto Hope Street. Go up the hill to the junction with St. Vincent Street.

Turn left and go along St Vincent Street, over the hill until you're on the flat again. Turn right onto Elmbank Street; the hotel is a large tower towards the left. (If you have heavy luggage, we would recommend a taxi for that trip!)

To reach the Rennie Mackintosh Hotel, take the concourse exit (across the foyer from the reception desk) and cross the main concourse to the exit to the left of Burger King. Turn right onto Union Street and walk down the hill, where the entrance is well signposted.

Eating Out in Glasgow

While we were preparing for this convention, we (the committee) often found ourselves drawn to sample the delights of the local restaurants. We now give to you our recommendations for eating out in the city.

The China Sea (Chinese)

At the corner of Gordon Street and Renfield Street, a very short walk from the convention hotel. Reasonable prices. Cheap pre-theatre limited menu before 7pm some nights.

Friendly staff, good food.

The Amber Regent (Cantonese)

50 West Regent Street

Excellent food and selection (e.g. interesting crispy aromatic lamb).

Moderate to expensive prices.

Offer: half price main course if ordered before 1845 Sat, 1900 Wed-Fri.

Must vacate by 2000hrs for offer. This restaurant is busy; booking is recommended. Can cope with extraordinary payment splits. Shame about the music (not too loud but odd choices).

Casa Mia (Italian)

At the corner Renfield Street and West Regent Street.

Small place but good food. The ambience is better post 7pm. Welcomes children.

Ichiban (Japanese Noodle and Sushi Bar)

On Queen Street opposite the Guildhall, upstairs with single door ground floor frontage.

Quite popular. Good food in large portions for quite cheap prices. Range gradually extending.

The City Inn (Cantonese)

On the corner of Renfield Street and Bath Street, opposite BhS. Min £7 per head. Cash only (no card payment). Licensed to 1am. Open 5pm to 5am. Medium prices, and decent food. Good service but request bowls and chopsticks when you arrive or you will be given plates and cutlery.

Indian Restaurant (sorry, but we can't remember the name!)

On the corner opposite to Casa Mia, directly opposite the Amber Regent on West Regent Street. A basement restaurant with excellent food and service, but not cheap.

For those of you wanting a faster meal, there is a Burger King on the station concourse, and another (much cheaper) one directly across Union Street from the station's side entrance. The junction of Union Street and Argyle Street boasts several fast-food chains, and there is at least one traditional chip shop under the station bridge. There is a Tex-Mex restaurant at 200 Bath Street, and several other places to eat can be found within a few blocks of the convention hotel.

In Case of Emergency

We hope that your convention goes well for you, but in case something untoward does happen, here are some useful Medical & Emergency Contact Numbers, kindly provided by *Electrical Eggs UK*.

Accident & Emergency Department

Glasgow Royal Infirmary,
84 Castle Street.
Tel: 211 4400

Obstetric Care

Glasgow Royal Maternity Hospital,
Rottenrow.
Tel: 211 5400

Paediatric Accident & Emergency Department

Royal Sick Children's Hospital,
Yorkhill.
Tel: 201 0000

Emergency Dental Treatment

Glasgow Dental Hospital,
Sauchiehall Street.
Tel: 211 9600
*(Open weekdays: 0915 – 1515
Sundays/public holidays: 1030 – 1200
NHS Charges may be applied.)*

Veterinary Surgeries

All these practices offer 24 hour emergency care, including visitors to the city. Fees may be charged. Alternatively, UK resident on low income/benefits should try the PDSA Hospital in Cowcaddens (proof of status will be needed to qualify for free treatment).

The Veterinary Centre,
431 Crow Road.
Tel: 339 1228

Una McLean,
13 Queens Crescent.
Tel: 332 1934

H.W. Pfaff,
264 Paisley Road West.
Tel: 427 0848

Stead & Galloway,
455 Shields Road.
Tel: 429 0896

PDSA Hospital,
Shamrock Street.
Tel: 332 6944 / 763 0800

Pharmacies

There are a number of shops close to the Central Hotel, which sell general medicines including Superdrug in the Station concourse & Union Street. Boots the Chemist in the Station concourse & at the St. Enoch's Shopping Centre have a prescription pharmacy.

Optician

The nearest are both located in the St. Enoch's Shopping Centre: Vision Express & Boots.

Hearing Aid Repairs/Batteries

Glasgow Royal Infirmary,
Queen Elizabeth Building.
Tel: 211 3535
*(Open Monday – Friday, 1000 – 1200.
Batteries only: Monday – Friday,
1330 – 1530,
or contact the Townhead Health Centre
tel. 532 8900.)*

This service is available to any NHS patient, except at weekends.

For private patients (& visitors to the city):

Glasgow Hearing Centre,
19 Waterloo Street.
Tel: 248 4820

Sietech,
Hope Street.
Tel: 221 0222

Advice & Support from RNID,
9 Claremont Gardens.
Helpline textphone: 0870 603 3007.

Tinnitus Helpline (voice / textphone):
0345 090 210.
Voice only: 332 0343.

Other Useful Numbers

Drinkline:

0345 320 202 (local call rate)

National Drugs Helpline:

0800 776 6000

National AIDS Helpline:

0800 567 123

Gay & Lesbian Switchboard:

332 8372 (daily 1900 – 2200)

Places of Worship

Unfortunately, there are no places of worship near the hotel; fans wishing to visit them would be advised to make use of a taxi. The places listed here are the easiest to reach from the convention hotel.

We apologise if your faith is not listed here. Please enquire at the hotel reception desk if you wish to find another place of worship.

Church of Scotland: Well worth a visit from anyone, regardless of faith, is St Mungo's Cathedral, at 2 Castle Street.

Alcoholics Anonymous:

221 9027

The Samaritans:

0345 909 090 (local call rate)

Victim Support:

553 1726

Rape Crisis:

211 8448

Night Owl Crisis Line:

332 2992 (daily 0000 – 0500)

Greek Orthodox: There is a cathedral on Dundonald Road in Downhill.

Jewish: Garnethill Synagogue is at 129 Hill Street.

Methodist: There is a church at 229 Woodlands Road.

Muslim: The City Mosque is on Gorbals Street, just over the river.

Roman Catholic: St Mungo's Church is at 52 Parson Street.

Unitarian: there is a church at 72 Berkeley Street.

Miscellaneous Resources

Baby supplies and Chemists: There are several chemists in the area around the convention hotel: for the best choice, try the Boots at St Enoch's Square (a block along Argyle Street from the junction with Union Street).

The nearest **Health Food Shop** is Holland & Barratt on Sauchiehall Street, opposite BhS, or Forrest Health, just up from the side entrance of Queen Street Station.

The nearest **Internet Cafe** is on Sauchiehall Street, next to the Savoy Centre.

Newsagents can be found on the concourse during the day, and on Gordon Street (use the main exit from the hotel, to the left of the reception desk, and turn hard right).

Nuts and Dried Fruit may be procured from the Nut Company stall on the station concourse.

Remember, don't hesitate to ask at hotel reception if there's something you need. Or you could always enquire at the convention office, and one of our highly-trained local fans will do their best to help you.